

**KDMGS NANASAHEB  
DR. UTTAMRAO  
MAHAJAN COLLEGE OF  
EDUCATION KARGAON  
TAL CHALISGAON DIST  
JAGAON**

## **MICRO TEACHING TRAINING PROGRAM**



**Course Code - 101**

## **MICRO TEACHING TRAINING PROGRAM**

### **Course Curriculum**

Micro Teaching is a teacher training technique that helps trainee teachers to master their teaching skills. It requires the teacher trainee:

- To use specific teaching skills
- To teach a single concept
- To teach for a short time
- To teach very small number of students

So, in this way, the teacher-trainee practices the teaching skills in terms of definable, observable, measurable and controlled from with their repeated cycles till he or she attains mastery in the use of skills.

### **Objectives**

The aim of the Program of Micro-Teaching Training Programs are:

- To enable teacher trainees to learn and assimilate new teaching skill under controlled condition.
- The second objective is to enable teacher trainees to master a number of teaching techniques:-
- The Skill of Introduction
- Skill of Black Board Writing
- Skill of Stimulus Variation
- Skill of Explaining
- Skill of Illustrating with Example
- Skill of Probing Questioning
- Skill of Reinforcement
- The Skill of Achieving Closure

## **IMPORTANCE OF MICRO TEACHING SKILL :-**

Micro Teaching Training Program is a teacher training technique currently practiced worldwide, provides teacher to enhance skills.



### **COURSE DURATION:**

Micro-Teaching Training Program is organised for 15 days and 2 hours only and after completion of course the college provides certificates to the students.

Contact Us -

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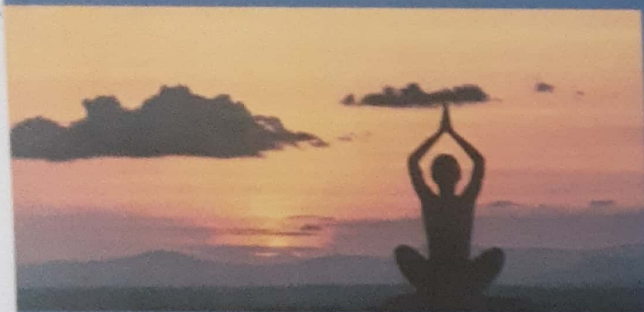
Coordinator - Prof. S. Y. Koli

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# YOGA AND HEARTFULNESS VALUE ADDED COURSE

KDMGS NANASAHEB  
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TAL CHALISGAON DIST  
JALGAON



Course Code - 102

## Overview

Student empowerment is an essentially to foster a sense of positive growth, ambition, motivation, and innovation in women. It has been a subject of massive discussion, and rightly for women empowerment paves the way for women to exhibit their qualities to the world. Also with that, it provides assistance to the mental, physical, spiritual and intellectual state of students.

The institute believes that value-added course pertaining to the empowerment of women is one of the most important aspects of imparting valuable education to young minds. This belief is further strengthened by the fact that the National Assessment and Accreditation Council (NA) recommends its consolidation.

This course, in general, aims to expand the interpersonal social dimensions of young females so that they can recognize their worth, contribute to female unity and challenge the prejudices against women residing in the society.

## COURSE DURATION:

Micro-Teaching Training Program is organised for 1 month and 1 hour only and after completion of course the college provides certificates to the students.

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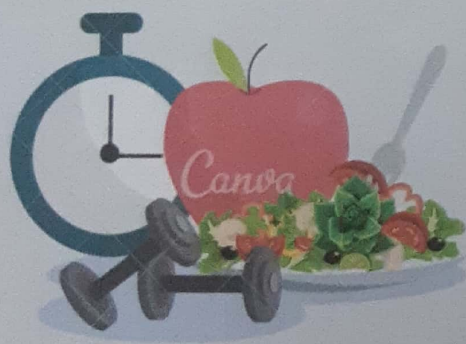


## Objectives

- To empower the thought process and help establish a code for the appropriate perception of the world
- To help women recognize their potential and how they can justify it
- to facilitate the development and protection of one's identity and individuality
- To help build the self-esteem and confidence
- To create a sense of togetherness in individuals from different backgrounds
- To learn about various defense practices used by people all over the world
- To learn how to sharpen the mind and to improve the coordination of skeletal muscles and mind
- To open up the gateway of spiritual growth in women
- To ensure how not to give way to fears.
- To instill a sense of personal responsibility, irrespective of the differences with which they grow up

# Health & Hygiene Value Added Course

**KDMGS  
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DIST JALGAON**



**Course Code - 103**

## Overview

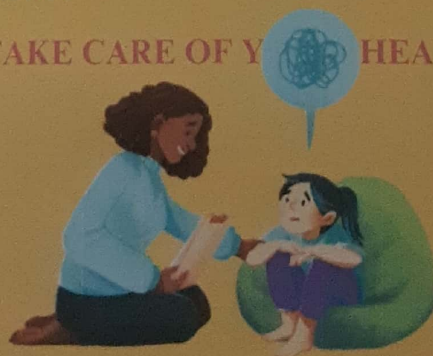
The Practice of appropriate hygiene habits leads to proper health. In the past, we have seen nations succumbing to the outbreak of disease primarily due to the fact that they have been negligent about maintaining proper hygiene.

It is essential to learn various hygiene practices so that we can protect ourselves and our families well. With the intent to make women hygiene conscious and ensure that they can form the stable foundation on which the mighty society can be built, our institute offers a value added course pertaining to health and hygiene.

## COURSE DURATION:

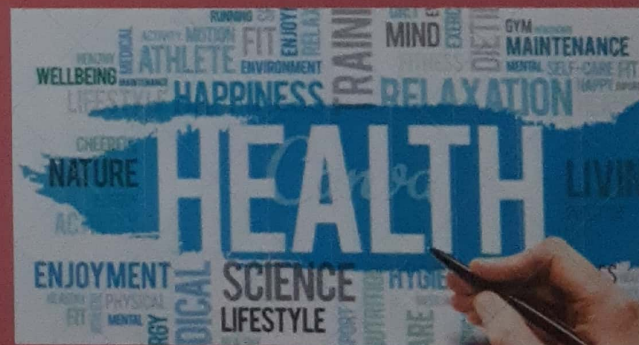
Micro-Teaching Training Program is organised for 1 month and 1 hour only and after completion of course the college provides certificates to the students.

**TAKE CARE OF YOUR HEALTH**



## Objectives

- To facilitate the understanding of maintaining health and hygiene
- To relate proper hygiene with a healthy life where the community can prosper
- To prevent the spread of germs and to prevent illness from touching people's lives
- To learn how proper hygiene can impact an individual's overall life from health issues & job opportunities
- To help the individuals achieve certain sanitation and hygiene goals when it comes to health
- To help contribute to a hygienic and healthy society
- contribute to the cause of maintaining good health and educating women about the same



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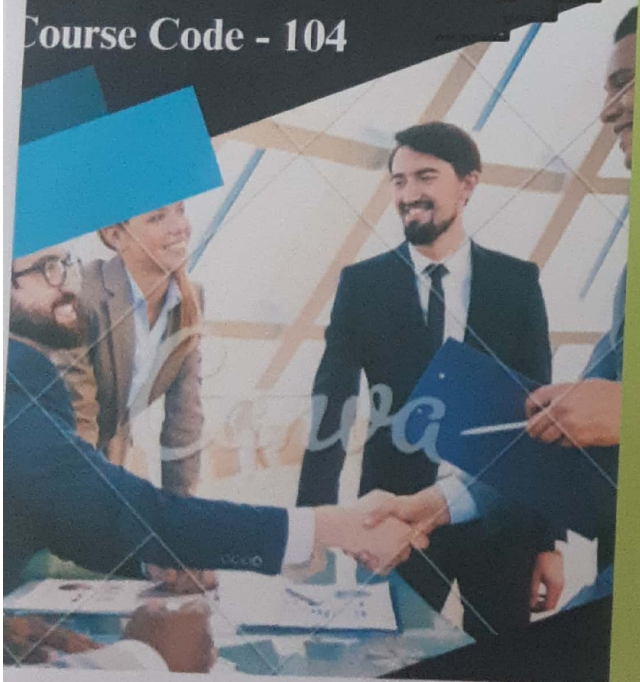
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## Personality Development Programme

KDMGS  
NANASAHEB  
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MAHAJAN  
COLLEGE OF  
EDUCATION,  
KARGAON  
TAL CHALISGAON  
DIST JALGAON

Course Code - 104



### Importance of Personality Development Programme :

Personality is an overall aggregate of varied factor that influence person through his entire life. It is the crux of who as person you are and what you will become out of it. Nature and nature plays a pivotal role however there are many other factors that shape your personality. Learning environment, family, situation, challenges, education, peer group, opportunities, passion, emotive and connotative abilities etc. Will be instrumental in defining your personality. Despite the ever increasing demand and challenges in their careers, a powerful and well rounded personality traits combats stress, accelerates growth and fosters good relationship in all walks of their life.

### COURSE DURATION:

Micro-Teaching Training Program is organised for 1 month and 1 hours only and after completion of course the college provides certificates to the students.

### Needs of Personality Development Programme

1. to increase self awareness - Strengths, Weakness and Potentials etc.
2. to boost confidence
3. to set goals
4. to enhance commutative abilities
5. to control emotions and handle it
6. to build strong Personality
7. to accepting group and teams

### Highlights of the Personality Development Programme

1. Develop a sense of understanding to people
2. Regulate body language for better expression
3. Able to speak without fear.
4. Learn to more assertive .
5. Be responsible for social and professional behavior.
6. Overcome nervousness and deliver powerful presentation in any situation.
7. Work towards personal branding strategies for sustainable career.

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## ART AND CRAFT VALUE ADDED COURSE

KDMGS NANASAHEB  
DR. UTTAMRAO  
MAHAJAN COLLEGE  
OF EDUCATION  
KARGOAN TAL  
CHALISGAON DIST  
JALGAON



Course Code - 105

## OVERVIEW

Arts & Crafts is not only an exercise for quirky minds but has also produced some of the greatest thinkers of all times, over the years. The field of developmental science has recognized the significance of it beyond being just a subject.

Due to the several proven cognitive, social, physical and developmental benefits. Art & Crafts has been introduced by us for the benefit of those women who want to groom their personalities for good.

### COURSE DURATION:

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Contact Us -

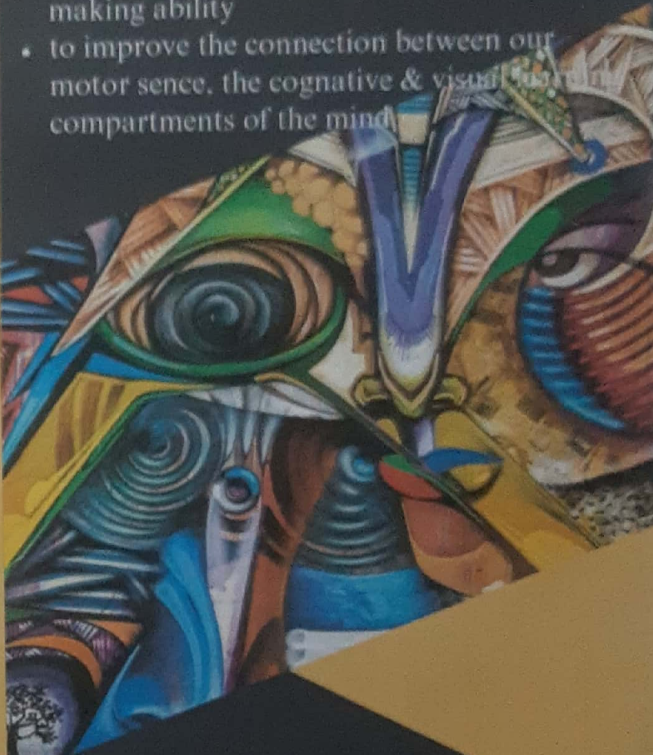
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## Objectives

- to enhance the creative side of every individual for improving one's decision making ability
- to improve the connection between our motor sense, the cognitive & visual compartments of the mind



- to help ingrain the power of tolerance & art of self expression within students of tomorrow
- to help appreciate different cultures and communities through the knowledge of various art form
- to improve muscular agility and dexterity of our hand and enhance the nerve-muscle coordination in those student who take up art form
- to develop one's skills concerning rangoli, art, craft, song, music and handicraft